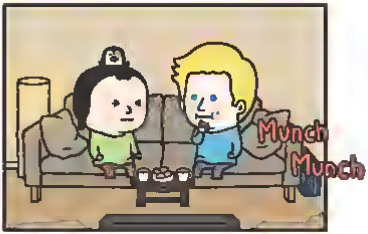
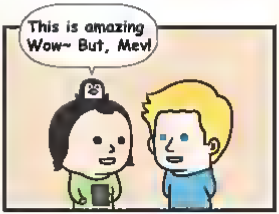
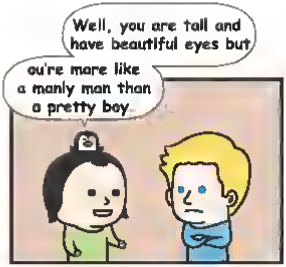


Later, I realized
this was the most unnecessary worry
that I've had this year.

Then, Mev showed me an article that included the muscle man's picture

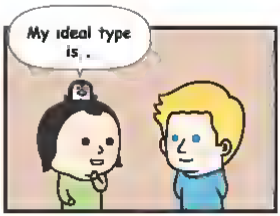


However, how many people really meet their perfect ideal?

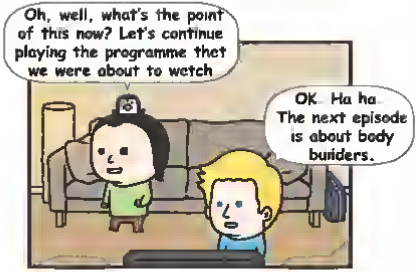


The episode was about American body builders who met a British journalist, Louis, in America.

They had amazing muscles indeed.



So my ideal type of man is...


Oh, well, what's the point of this now? Let's continue playing the programme that we were about to watch
OK. Ha ha. The next episode is about body builders.

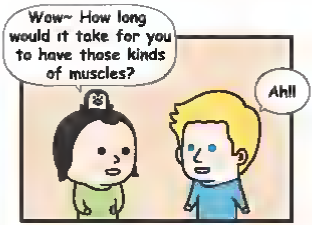
Anyway
we finished talking and started to watch
a document series that we like.

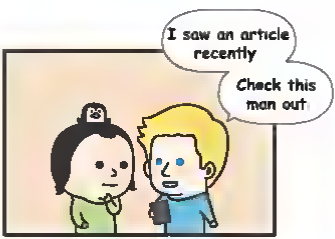
Penguin Loves Mev In the UK

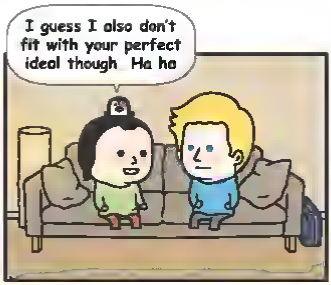
Ideal Appearance

Everyone's ideal appearance
for a man or woman is different.

LINE Webtoon

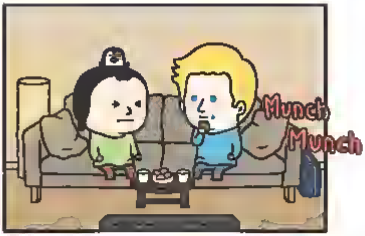

Wow~ How long would it take for you to have those kinds of muscles?
Ah!!


I saw an article recently
Check this man out



I think these ideal things are totally useless in front of love. Because love is such a strange thing.

You know, I'm not really keen on the big muscles.
So no, you should never grow your muscles this big, OK?


Munch
Munch

Indeed~